

LUNCH MENU**WEEK A1**

**BEEF BOLOGNAISE
OR
TURKEY MEAT BALL IN TOMATO
SAUCE
SPAGHETTI
MIXED VEGETABLES**

**FRESH FRUIT
SALAD**

**FISH PIE
OR
TOAD IN THE HOLE
CABBAGE & CARROTS
BOILED POTATOES**

**PEARS &
CHOCOLATE SAUCE**

**BEEF LASAGNA
OR
HAM & CHEESE PASTA BAKE
WITH GARLIC BREAD
BAKED POTATOE
ASSORTED SALAD
SWEETCORN**

BANANA CUSTARD

**ROAST PORK & SEASONING
OR
STEAK PIE
MASHED POTATO
GREEN BEANS
MIXED VEGETABLES**

**CHOCOLATE CRUNCH
PINK SAUCE**

**BREADED FISH
OR
TOMATO BEEF WRAP
JACKET WEDGES
BAKED BEANS
PEAS**

FRESH FRUIT/YOGURT

WEEK A2

**HOME MADE PIZZA
BREADED CHICKEN
CHIPPED POTATOES
TOMATOES
SWEET CORN**

**GINGERBREAD
& CUSTARD**

**COTTAGE PIE
OR
FISH IN CHEESE SAUCE
BOILED POTATOES
MIXED VEGETABLES
GREEN BEANS
STEWED FRUIT &
BAKED RICE PUDDING**

**BEEF STEW & VEGETABLES
OR
LAMBS LIVER & ONIONS
CREAMED POTATOES
CARROTS
CABBAGE
ARTIC ROLL &
CHOCOLATE SAUCE**

**BOILED GAMMON
OR
BAKED FISH P/SAUCE
CREAMED POTATOES
BROCCOLI
PEAS
HOME MADE
YOGURT**

**BEEF BURGER
& ONIONS
OR
CORNISH PASTIE
JACKET WEDGES
PEAS
SPAGHETTI IN SAUCE
FRESH FRUIT/YOGURT**

WEEK A3

**MINCED BEEF COBBLER
OR
LEMON BAKED FISH
BOILED POTATOES
SWEDE & GREEN BEANS
CHOCOLATE SPONGE
& CUSTARD**

**LAMB HOT POT
OR
CHICKEN PIE
CREAMED POTATOES
CARROTS & BROCCOLI
OATY APPLE CRUMBLE
& CUSTARD**

**FISH FINGERS
OR
LAMB BURGER
JACKET WEDGES
PEAS-BAKED BEANS
FRUIT JELLY
& CREAM**

**ROAST TURKEY
OR
QUICHE
CAULIFLOWER & CARROT
ROAST POTATOES**

LEMON MERINGUE TART

**BEEF BOLOGNAISE
OR
ITALIAN MEAT BALLS
SPAGHETTI
MIXED VEGETABLES**

FRESH FRUIT/YOGURT

WEEK A4

<p>FISH CAKE & P/SAUCE OR SAUSAGE AND ONIONS CHIPPED POTATOES PEAS & BAKED BEANS</p> <p>RICE PUDDING</p>	<p>CHICKEN CHASSEUR OR CHEESE & ONION PASTY CREAMED POTATOES CABBAGE & MIXED VEGETABLES SYRUP SPONGE & CUSTARD</p>	<p>FISH PIE OR MINCED BEEF SLICE MASHED POTATO GREEN BEANS -SWEDE</p> <p>SPICY APPLE & RAISIN SPONGE WITH CUSTARD</p>	<p>ROAST BEEF Y/PUD OR BRAISED LIVER AND BACON ROAST POTATOES SPROUTS & CARROTS</p> <p>PINEAPPLE & CUSTARD</p>	<p>BROCCOLI & CHEESE QUICHE OR CHICKEN TIKA WRAP JACKET POTATO ASSORTED SALAD</p> <p>FRESH FRUIT/YOGURT</p>
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WEEK A5

<p>HOME MADE PIZZA OR LAMB GRILL & ONION RINGS CHIPPED POTATOES TOMATOES & PEAS</p> <p>FRUITY FLAP JACK & CUSTARD</p>	<p>BEEF CURRY & RICE & NAAN BREAD OR LEEK & BACON PASTA BAKE & GARLIC SLICE SWEET CORN</p> <p>LEMON TART & & CUSTARD</p>	<p>HOME MADE CHICKEN PIE OR FISH IN CHEESE SAUCE BROCCOLI MIXED VEGETABLES MASHED POTATOES HOME MADE FRUIT YOGURT</p>	<p>ROAST PORK & APPLE SAUCE OR MINCED BEEF CREAMED POTATOES SWEDE & GREEN BEANS</p> <p>BAKEWELL TART & CUSTARD</p>	<p>BREADED FISH OR CHEESE PASTY PEAS & BAKED BEANS OVEN WEDGES</p> <p>FRESH FRUIT/YOGURT</p>
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WEEK A6

<p>SHEPHERDS PIE OR CHICKEN PIE BOILED POTATOES CABBAGE & MIXED VEGETABLES STICKY GINGERBREAD & CUSTARD</p>	<p>BRAISED STEAK & VEGETABLES OR SALMON & FISH PIE GREEN BEANS & CARROTS CREAMED POTATOES CARROT CAKE</p>	<p>MEDITERRANEAN LAMB & CHICK PEA STEW SAVOURY PORK SLICE CAULIFLOWER & GREEN BEANS CREAMED POTATOES CHOCOLATE CRUNCH PINK SAUCE</p>	<p>LEMON CHICKEN OR FISH FINGERS ASSORTED SALAD JACKET POTATO</p> <p>FRUIT FLAN & CREAM</p>	<p>SWEET & SOUR PORK BOILED RICE OR CHICKEN & VEGETABLE WITH RICE AND NOODLES IN SAUCE FRESH FRUIT/YOGURT</p>
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